

## HEALTH & ADDICTION SERVICES

### Alcohol & Drug Information & Referral Service

☎ 1.800.663.1441

### AA Meetings (daily at noon)

☎ 604.987.4141 🏠 Alano Club 176 East 2<sup>nd</sup> St.

### Canadian Mental Health Association Outreach

☎ 604.987.6959

### Detox Central – Detox Referral Line

☎ 1.866.658.1221 Referral to drug/alcohol program & drug-free supportive housing

### HealthConnection Clinic\*

☎ 604.984.3777 🏠 148 East 15<sup>th</sup> St.

### Lions Gate Hospital

☎ 604.988.3131 🏠 231 East 15<sup>th</sup> St.

### NA Meetings

Saturdays 7:30pm @ Alano Club  
Mondays 7pm @ Lookout Shelter

### Turning Point Recovery Society

☎ 604.971.0111

### VCH Harm Reduction Services

☎ 604.983.6700 (ask for CDC on-call nurse)

### VCH Mental Health and Addiction Intake

☎ 604.904.3540 (non-emergency)

### Outreach Nurse Practitioner Line

☎ 604.984.3777

### HOpe Centre

☎ 604.984.5000 ext.5190 🏠 1337 St. Andrews Avenue

\*ALSO PROVIDES EMERGENCY & OUTREACH SERVICES

## COMMUNITY & SUPPORT SERVICES

### BC Employment & Assistance

BC Information Specialist

☎ 211 Info on shelter bed availability

One Stop Career Shop – Youth ☎ 604.988.3766

Ministry of Social Development ☎ 1.866.866.0800

WorkBC Employment Services (North Shore)

☎ 604.988.3766

### Support Services

Harvest Project

☎ 604.983.9488 🏠 1073 Roosevelt Cr.

Coaching, food and clothing support programs

North Shore Disability Resource Centre

☎ 604.985.5371 🏠 3158 Mountain Hwy

Forms and advocacy for people with disabilities

North Shore Neighbourhood House/Food Bank

☎ 604.987.8138 🏠 225 East 2<sup>nd</sup> St.

Access to resources, information and referrals

North Shore Schizophrenia Society

☎ 604.926.0856 Support for mental illnesses

North Shore Women's Centre

☎ 604.984.6009 🏠 131 East 2<sup>nd</sup> St.

Mon-Thu 9:30am-3pm, Drop-in support for women

Salvation Army

☎ 604.988.7225 🏠 105 West 12<sup>th</sup> St.

Food, clothing and furniture vouchers, counselling, church

Quest Food Exchange

☎ 604.566.0110 🏠 167 East 1<sup>st</sup> St.

Access to affordable groceries, by referral only

## EMERGENCY & OUTREACH SERVICES

### Adults & Seniors

BC Men's Resource Centre

☎ 604.878.9033 🏠 #328, 237 Keefer St.

Canadian Mental Health Association Outreach

☎ 604.987.6959 🏠 300-1835 Lonsdale Avenue

Hollyburn Seniors Outreach ☎ 604.723.9404

Lookout Emergency Shelter (24/7)

☎ 604.982.9126 🏠 705 West 2<sup>nd</sup> St.

Salvation Army ☎ 778.866.4673

24 Hour Crisis Line ☎ 604.872.3311

### Youth

North Shore Neighbourhood House Youth Outreach

☎ 604.987.8138

Hollyburn Youth Outreach ☎ 778.322.7577

MCFD After Hours for Youth ☎ 604.660.4927

North Shore Youth Safe House (13-18 yrs) ☎ 1.877.789.6884

### Women & Children

Homelessness Prevention Program ☎ 604.987.0366

North Shore Women's 24 Hour Crisis Line ☎ 604.987.3374

Family Services of the North Shore,

Survivors of Violence Counselling ☎ 604.988.5281

### Police Non-Emergency Numbers

North Vancouver ☎ 604.985.1311

West Vancouver ☎ 604.925.7300



## North Shore Directory for Shelter, Assistance, Food, and Engagement

North Shore Homelessness Task Force  
[www.northshorehomelessness.org](http://www.northshorehomelessness.org)

This card was made possible through the support of:  
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| ⌚ TIME        | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY                               |
|---------------|--|---|--|---|---|--|
| 9am-11am      |  |   | Food bank & light meal served - North Shore Neighbourhood House <sup>1</sup> |   |   |  |
| 9am-12pm      | HealthConnection Clinic - Medical Each Day (Bookable Appointments MWF 1pm-4pm)   |   |  |   |   |  |
| 9am-4pm       |  | CMHA Outreach Drop-In   |  |   |   |  |
| 9am-3pm       | Salvation Army Food Bank - By appointment only call 604.988.7225 or 778.866.4673 |   |  |   |   |  |
| 10am-1:30pm   |  |   |  | Drop-in - St. Andrew's United                   |   |  |
| 11am-3pm      |  | Emergency Food Bags - Harvest Project                             |  |   | Emergency food bags - Harvest Project             |  |
| 12am-1pm      |  | Meal - St. Paul's   | Sharing Abundance Meal - Lonsdale Legion                                     | Lunch - St. Andrew's United                     |   |  |
| 1pm-2pm       |  |   |  |   |   | Meal - North Shore Neighbourhood House |
| 2pm-3pm       |  |   | Food Voucher & Fellowship - NS Alliance                                      |   |   |  |
| 4pm-5:30pm    |  |   |  |   |   |  |
| 5:30pm-6:15pm |  | Sharing Abundance Dinner - N. Lonsdale United Church <sup>3</sup> |  | Sharing Abundance Dinner - Cdn Legion, West Van |   |  |
| 6pm-7pm       | Recovery Program – North Shore Alliance Church                                   |   |  |   | Monthly Dinner - St. Andrew's United <sup>4</sup> |  |
| 7pm-8pm       | Men's Small Group – North Shore Alliance Church                                  |   |  |   |   |  |

● DROP INS ● FELLOWSHIP & RECOVERY ● MEDICAL PROGRAMS ● FOOD PROGRAMS

**Computer Use:** Ask at John Braithwaite Community Centre, NS Women's Centre, NS Libraries, and Work BC Employment Centre

<sup>1</sup>Registration on site; No Food Bank on Cheque Day • <sup>2</sup>1<sup>st</sup> & 3<sup>rd</sup> Friday of each month - Seniors Only • <sup>3</sup>Registration requested by Monday, call 604.985.4911 • <sup>4</sup>Call to confirm date 604.985.0408

## LOCATIONS & CONTACT

**Canadian Mental Health Assoc. (CMHA)**

📞 604.987.6959 📍 300-1835 Lonsdale Ave.

**Harvest Project**

📞 604.983.9488 📍 1073 Roosevelt Crescent

**John Braithwaite Community Centre**

📞 604.983.6471 📍 145 West 1<sup>st</sup> St.

**North Lonsdale United Church**

📞 604.985.4911 📍 3380 Lonsdale Ave.

**North Shore Alliance Church**

📍 201 East 23rd St.

**North Shore Neighbourhood House**

📞 604.987.8138 📍 225 E 2<sup>nd</sup> St.

Ground level, back lane

**Royal Canadian Legion - Branch 60**

📍 580 18<sup>th</sup> St. West Van

**Royal Canadian Legion - Branch 118**

📍 123 West 15<sup>th</sup> St. North Van

**Salvation Army**

📞 604.988.7225 📍 105 West 12<sup>th</sup> St.

**St. Andrew's United Church**

📞 604.985.0408 📍 1044 St. Georges Ave.

**St. Paul's Church**

📍 424 West Esplanade St.