

## Health & Addiction Services

### AA Meetings

📞 604.434.3933

### Detox Central – Detox Referral Line

📞 1.866.658.1221

### HealthConnection Clinic

📞 604.984.3777 📍 148 East 15<sup>th</sup> St.

### Turning Point Recovery Society

📞 Women - 604.971.0111

📞 Men - 604.988.4317

### Foundry (12-24 years)

📞 604.984.5060 📍 211 W 1<sup>st</sup> St.

### Stepping Stones

📞 604.982.5616 📍 250 - 145 West 17<sup>th</sup> St.

### Kelty Dennehy Mental Health Resource Centre

📞 604.984.5000 Ext. 5190 📍 1337 St. Andrews Avenue

### VCH Harm Reduction services

📍 6<sup>th</sup> Floor 132 W Esplanade Ave 🕒 8:30-4:30, M-F

### Pathways Serious Mental Illness Society

📞 604.926.0856 📍 1865 Marine Dr. West Vancouver

### Police Non-Emergency Numbers

North Vancouver 📞 604.985.1311 • West Vancouver 📞 604.925.7300

## Community & Support Services

### Provincial Services

#### Ministry of Social Development

📞 1.866.866.0800

#### WorkBC Employment Services (North Shore)

📞 604.988.3766 📍 980 W 1<sup>st</sup> St #109

📞 211 For community and social services info

### Community Services

#### Harvest Project

📞 604.983.9488 📍 1073 Roosevelt Cr.

#### North Shore Disability Resource Centre

📞 604.985.5371 📍 3158 Mountain Hwy

#### North Shore Neighbourhood House/Food Bank

📞 604.987.8138 📍 225 East 2<sup>nd</sup> St.

#### North Shore Community Resources Society

📞 604.985.7138 📍 201-935 Marine Dr

#### North Shore Women's Centre

📞 604.984.6009 📍 131 East 2<sup>nd</sup> St.

#### Quest Food Exchange

📞 604.566.0110 📍 167 East 1<sup>st</sup> St.

#### North Shore Table Matters Network

✉️ Coordinator@TableMatters.ca

🌐 TableMatters.ca

#### Community Housing Action Committee

📞 604.985.7138

#### Better at Home

📞 604.985.7138

## Emergency & Outreach Services

### Adults & Seniors

#### Canadian Mental Health Association Outreach

📞 604.987.6959 📍 300-1835 Lonsdale Avenue

#### Hollyburn Community Services Seniors Outreach

📞 604.968.3721

#### CMHA Peer Assisted Care Team

Mental Health Crisis Line: 6:00pm-12:00am Thurs-Sun

📞 Call 1.888.261.7228 📞 Text 778.839.1831

#### Lookout Emergency Shelter (24/7)

📞 604.982.9126 📍 705 West 2<sup>nd</sup> St.

#### 24 Hour Crisis Line

📞 604.872.3311

#### Seniors One Stop Information Line

📞 604.983.3303

### Youth

#### North Shore Neighbourhood House Youth Outreach

📞 604.987.8138

#### West Vancouver Youth Outreach

📞 604.925.7233

#### North Shore Youth Safe House (14-18 yrs)

📞 1.877.789.6884

#### Capilano Youth Outreach

📞 605.988.7115

#### Parkgate Youth Outreach

📞 604.983.6350

### Women & Children

#### NSCSS Homelessness Prevention Program

📞 604.987.0366

#### North Shore Women's 24 Hour Crisis Line

📞 604.987.3374

#### Family Services of the North Shore

Survivors of Violence Counselling 📞 604.988.5281

Intensive Youth Outreach (iYos) 📞 604.984.3884



North Shore Directory for Shelter,  
Assistance, Food, and Engagement

North Shore Homelessness Task Force

[www.northshorehomelessness.org](http://www.northshorehomelessness.org)

This card has been generously funded by



North Shore Emergency Management, with support from:  
Vancouver Coastal Health, Canadian Mental Health Association, City of North  
Vancouver, District of North Vancouver, District of West Vancouver,  
Contact Printing & Mailing, and ThompsonStenning Creative Group.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM-6PM			Food Bank - North Shore Neighbourhood House <sup>1</sup>				
9AM-4PM	HealthConnection Clinic – Medical care (No appointment needed 9 am – 12 pm, Appointment only 1 pm – 4 pm)						
9AM-3PM	Salvation Army Food Bank • Call 604.988.7225 • For to-go lunches: drop-in on-site (same days)						
9AM-12PM					Open Door Community Hub Drop-In North Vancouver City Library		
10AM-4PM				CMHA Outreach Drop-In			
11:30AM-1PM	Shower Program JBCC	Shower Program JBCC	Shower Program JBCC	Shower Program JBCC	Shower Program JBCC		
12PM-1PM			Sharing Abundance Meal Legion Branch 118	Meal-to-Go St. Andrew's United	Meal-to-Go St. Andrew's United		
12PM-2:30PM	Shower Program WVCC		Shower Program WVCC	Shower Program WVCC		Shower Program WVCC	
1PM-2PM						Meal North Shore Neighbourhood House	
1:30PM-4:30PM							Open Door Community Hub Drop-In North Vancouver City Library
2PM-3PM			Food Voucher & Fellowship NS Alliance				
3PM-5PM		Sharing Abundance Dinner - Pickup Only N. Lonsdale United Church					
6PM-7PM	Recovery Program North Shore Alliance Church						
6PM-12AM				CMHA Peer Assisted Care Team • Mental Health Crisis Line			
7PM-8PM	Men's Small Group North Shore Alliance Church						

● DROP INS ● FELLOWSHIP & RECOVERY ● HEALTH PROGRAMS ● FOOD PROGRAMS ● SHOWER PROGRAMS

## Locations & Contact

### Canadian Mental Health Assoc. (CMHA)

📍 604.987.6959 📍 300-1835 Lonsdale Ave.

### North Lonsdale United Church

📍 604.985.4911 📍 3380 Lonsdale Ave.

### North Shore Alliance Church

📍 201 East 23<sup>rd</sup> St.

### North Shore Neighbourhood House

📍 604.987.8138 📍 225 E 2<sup>nd</sup> St.  
Ground level, back lane

### Royal Canadian Legion - Branch 118

📍 123 West 15<sup>th</sup> St. North Van

### Salvation Army

📍 604.988.7225 📍 105 West 12<sup>th</sup> St.

### St. Andrew's United Church

📍 604.985.0408 📍 1044 St. Georges Ave.

### North Vancouver City Library

📍 120 14 Street West, North Vancouver, V7M 1N9

### Salvation Army

📍 105 12<sup>th</sup> St W, North Vancouver, BC V7M 1N2

### West Vancouver Community Centre (WVCC)

Change Rooms (2121 Marine Drive, West Vancouver) Meet at south side of community centre 📍 604.925.7279

### John Braithwaite Community Centre (JBCC)

145 W 1<sup>st</sup> St, North Vancouver, BC V7M 1B1

Lookout Shelter supports extreme cold weather emergency overnight beds. For up to date information please visit [NorthshoreHomelessness.org](http://NorthshoreHomelessness.org)

Computer Use: NS Women's Centre, NS Libraries, and Work BC Employment Centre • <sup>1</sup>Registration on site; No Food Bank on Cheque Day • <sup>2</sup>Registration requested by Monday, call 604.985.4911

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